

Six-Minute Circle

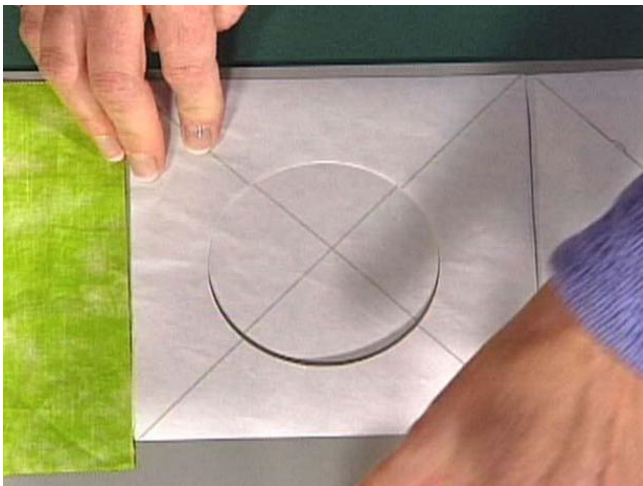
This is a pinless piecing method for making curves, circles or other round shapes perfectly, quickly and painlessly!

Materials:

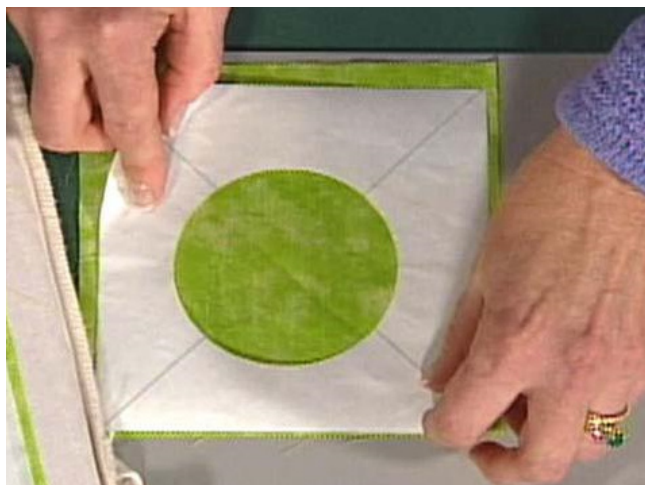
6-1/2" square background fabric
6" circle or square of circle fabric
standard quilting supplies
freezer paper
water-soluble glue stick
zipper or an open toed embroidery foot
very hard pressing surface

Steps:

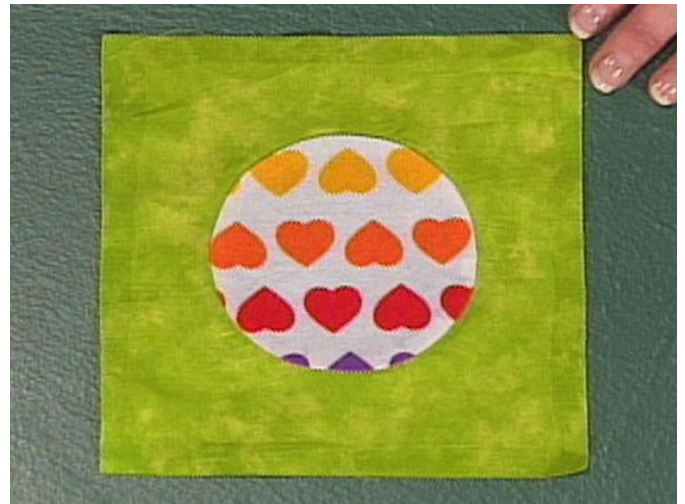
- 1 Make a pattern by cutting a 3-1/2 inch circle on a 6" x 6" piece of double layered freezer paper.



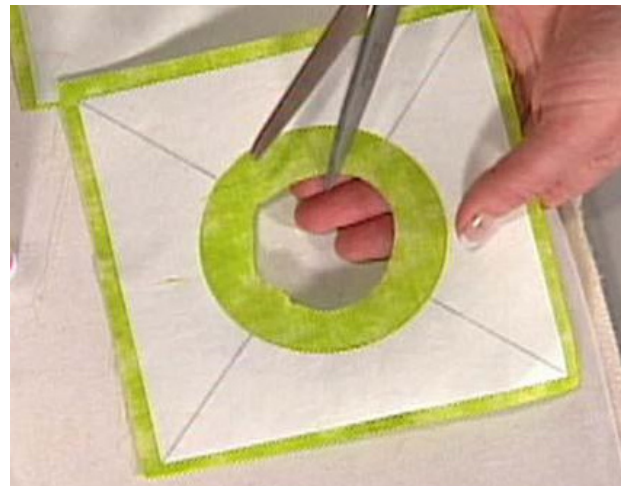
- 2 Iron the 6-inch pattern to the back of the background fabric.



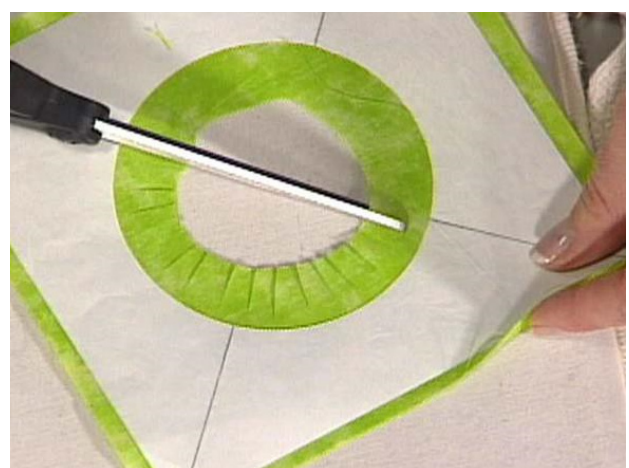
- 3 Cut out the center of the circle leaving at least 1/2-inch seam allowance.
 - Clip the seam allowance.



Technique learned from Dale Fleming's book *Pieced Curves So Simple*
Instructions found at HGTV website from Simply Quilts at:
<http://www.hgtv.com/crafting/pieced-curves-so-simple/index.html>



- Make sure the depth of each clip ends at least 1/8 inch from the paper.



- The seam allowance must fold smoothly over the edge of the freezer paper pattern.



- 7 Peel and pop the fabric off the pattern to release the paper.



- 8 Iron again.

- 9 Stitch almost in the ditch with an open toed foot or zipper foot.



- 10 Trim the seam approximately 1/4 inch.



- 11 Press the seam in the desired direction.
Note: The direction the seam is pressed creates either a pieced look or an appliqué look.

- 4 Apply a light application of glue stick and the tip of the iron to tack the seam allowance to the pattern.

- 5 Apply glue on top of tacked seam allowance. Remove excess glue from the front of the fabric.

- 6 Place background fabric on circle fabric then iron dry.

